JUNE 2020 | VOL. 2



SIRI GURU NANAK DARBAR 33 Officer Road, Officer Vic 3809



Co-fighting Covid-19



Kirtan Diwan

O Daily 6PM

Listen to SGND's melodious Live Evening Kirtan Diwan daily at 6pm through Facebook Live https://fb.com/sgndofficer/live/

Akhand Path :

🕓 Jun 26-28, 2020

To pray together, count our blessings and create hope!

Gurmat Classes.....as learning must not stop

SGND's Gurmat classes are very popular with around 30 kids joining and co-learning via ZOOM from all over the world every Sunday @ 3pm (AEDT). To register, please text or email us. For more information visit: https://bit.ly/3dvPZEL

L + 61 - 4 2 1 0 6 1 1 7 7

Engaging with international students

International students from five Victorian universities connected online with leaders from the Officer Sikh Temple, Sikh Community Connections and International Students Support to discuss emotions and worries and needs beyond material support amid life during Coronavirus.

The meeting saw students from Federation University, RMIT, Deakin University, Swinburne University of Technology and the University of Melbourne take part in the zoom call.



The engagement highlighted growing concern for mental health issues, especially for students who had only just begun their studies this year. For many students who arrived in February or March, they haven't been able to leave their university campus or dorms. The students were also concerned about the status of their visa and costs associated with obtaining data packages from telecommunication companies.



The students were advised to "beyond their comfort zone" by networking with fellow international students from other countries, who might also be suffering from home sickness. All participants appreciated the need to organise such brainstorming catch-up sessions that will provide emotional help to students and help them prepare for the changing world.

This engagement has helped community groups identify areas to can help with, as needs keep evolving in these trying times.

For More info, Visit: https://bit.ly/3hPkN6I

₩₩₩.SGND.COM.AU 🖄 INFO@SGND.COM.AU \$\mathbf{L}\$ +61-421061177



Building bridges in testing times

Volunteers from the Officer Sikh temple donated more than 700 kilograms of groceries to those in need, including international students who are struggling to adapt to life in Australia during the Covid-19 pandemic.

International students have been one of the more vulnerable groups during the pandemic. "Some of these students have just started their studies in Australia, some have been here a while and have lost their jobs while some were only just settling in," project coordinator Harpreet Kandra said.

"These students came here to learn face to face but now can't and they're learning in an online environment ... they don't have their family or friends here and a lot of the time they can't afford the necessities like groceries."

The temple contacted a range of universities including Berwick's Federation University to locate students in need of some support.

The Officer Sikh temple's community kitchen is currently under construction, meaning the group is unable to cook meals themselves. Instead, they decided to provide groceries to those in need, despite recording an 80% decline in donations from members. Contributions have also been made to Sikh Volunteers Australia and Follow Baptist Church.

Through these contributions SGND volunteers are aiming to make new friendships, work together in good and bad times towards common goals, irrespective of backgrounds and faiths we follow.



"This is the spirit of Sikhism – we believe in sharing and caring."

🜐 WWW.SGND.COM.AU 🛛 🖄 INFO@SGND.COM.AU 🛛 📞 -



Visit of the Victoria Police staff

Victoria Police officers visited the SGND today to interact with our volunteers and check our security measures after trespassing incidents were reported. They appreciated our comprehensive system of surveillance and intrusion detection.

Earlier, there have been at least 4 incidents where trespassers have been suspiciously observed at the Gurughar during odd hours at night. Alarm and security systems have been installed to avert break in/robbery.

Thank you, Victoria Police for making us feel safe and secure.



World <u>Envi</u>ronment Day

SGND's dedication to The Mother Earth on 'World Environment Day' Pawan Guru Paani Pita Maataa Dharat Mahat ਪਵਣੁ ਗੁਰੂ ਪਾਣੀ ਪਿਤਾ ਮਾਤਾ ਧਰਤਿ ਮਹਤੂ ||

SGND volunteers planted >700 plants and 20 bird nest boxes over last 15 months and solar panels. With Guru's blessings, the Gurughar has received new Mahindra Tractor.

Soon we will start our Organic Farming project and sangat shall get opportunity to enjoy home grown produce. This is funded by the Federal Government's Community Development Grants Programme - Department of Infrastructure, Transport, Regional Development and Communications

Projects



Community kitchen project

SGND is pleased to announce the construction completion of community kitchen project. The new kitchen has been supported by the Victorian Government's Pick my Project with a funding of 82,480 AUD and contributions from the sangat of about 65,000 AUD.

The kitchen proudly has energy efficient building design, including equipment and water fixtures. Laid over an area of about 100.5 sq meter, the kitchen has been constructed by skilled and licensed professionals and using best available materials. Inputs were taken from an interior designer, material experts and energy experts to ensure good work flows and safe, hygenic work environment for volunteers.

SGND WELCOMES OUR NEW STAFF AND VOLUNTEERS



Volunteers Bhai Rajinder Singh and Jatha arrived on 6th March, 2020



Giani Upkar Singh started as SGND staff on 26th Feb 2020. He is on a 2 year visa and contactable for any Gurughar related matters



Bhai Gurmeet Singh and Jatha volunteered for 3 months and left on 6th March, 2020

⊕WWW.SGND.COM.AU 🖄 INFO@SGND.COM.AU 🔇

Let's Get in Touch





Gurudwara Siri Guru Nanak Darbar, Officer

33 Officer Road, Officer Victoria - 3809 Australia sgnd.com.au | info@sgnd.com.au | +61-421-061-177 | Follow us on Facebook!













Ample On-site Parking

Best Ragi Jathas

Kirtan Classes

Dasvand from Golak for Community

No Committees

Safe and Legal Operations



Punjabi Class

Beautiful Views

Welcoming Sevadaars



Proper receipts provided

Copyright © 2019 Siri Guru Nanak Darbar

WWW.SGND.COM.AU R INFO@SGND.COM.AU **L** + 61 - 4 2 1 0 6 1 1 7 7